

Matthew-John Day Care Centre Preschool Newsletter – July/Aug 2014

It's summer! Please apply sunscreen to your child before coming to daycare. We will reapply it in the afternoon. If they have personal sunscreen, please let us know. Also, if you could ensure the following:

- If they have a sun hat, please no attached strings
- Girls must wear shorts under skirts
- Please LABEL ALL ITEMS

Welcome **NEW** friends: Simon, Genevieve, Oscar, Misha, Lennox, Shonali, Emmett, Chloe and Lias

SPECIAL DAYS

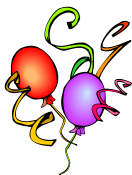
PLEASE SEE ATTACHED CALENDARS

JULY 1: Canada Day

AUGUST 4: Civic Holiday (DAYCARE CLOSED)

BIRTHDAYS!!!

July 28: Ines



SUMMER REMINDERS

- Your child **MUST HAVE EVERYDAY** a hat, bathing suit, towel, water shoes, spare clothing, extra shoes, water bottle and plastic/reusable bag (**ALL LABELED**)
- Please check the calendar **DAILY** for planned activities and special events. Or, check the newsletter or white board as you enter the centre
- Please inform staff **OR** call the daycare if your child is going to be away or on vacation in order to plan for staff ratios
- **FOR SAFETY REASONS, when buzzing in at the entrance please identify yourself**
- If you plan to withdraw your child from daycare, we require 30 days notice
- **CHECK YOUR CHILD'S CUBBY, DAILY.** Please maintain a constant supply of diapers, pull ups (with tabs) and wipes (if child is in diapers), **AND** ensure your child's basket has **extra clothing, ALL ITEMS LABELED** (tops, bottoms/socks/shoes)
- Please **UPDATE ALL IMMUNIZATION** and **EMERGENCY** information with Jola at the office
- The Summer Program is subject to change due to weather, teacher ratio or cancellation

DONATIONS NEEDED PLEASE!

- Beach related items (beach balls, sand toys, kid-sized tent)
- CDs, music (all songs need to be labelled), musical instruments
- Sidewalk chalk
- Bubbles
- Battery operated radios (for listening to music outdoors)
- Long extension cords
- Frozen treats

AND DON'T FORGET, YOU CAN VOLUNTEER YOUR TIME, TOO!

We need talented entertainers blessed with musical voices for singing, storytelling or reading. Or come in to just enjoy some fun time with the kids. Please see our staff about a time and place.

**THANK YOU: To all the parents who make our daycare such a loving place.
We truly appreciate all your ongoing and generous support.**

FOR NEW PRE-SCHOOLERS and FIRST-TIME DROP OFF PARENTS, HERE ARE TIPS ON
OVERCOMING SEPARATION ANXIETY*

1. PREPARE

If possible, visit the new daycare provider a few times before you begin back to work. This might help your child become somewhat familiar with the new caregiver and environment.

2. DON'T LINGER

Enter the daycare, leave your child's items in the designated area, take your child to his/her daycare room, say goodbye directly to her, and leave. Turning around when you hear your child cry and returning to comfort her will just make the eventual leaving more difficult.

3. BE CONSISTENT

Try to develop a regular routine with drop-offs so that your child recognizes the pattern and begins to be comfortable with the new routine.

4. BE POSITIVE

Babies and young children can sense your emotions. If you are nervous and upset, your child will sense this and become upset as well. Greet caregivers warmly and with enthusiasm and leave with a smile.

5. USE DISTRACTIONS

A child's behaviour can often be changed instantly with a distraction. This might be a good time to introduce some kind of special toy, stuffed animal or blanket that can be used both to distract and comfort. An object like this can help a child transition to a new routine. Caregivers will also be versed in using distractions and the quicker they can interest your child in an activity, the better.

*Copied from www.togethermoms.ca