

Toddler Room Newsletter

February 2019

Important Dates!

- Black History Month
- Chinese New Year - Feb. 5th
- Yoga Day with Megan - Feb. 11th
- Music with Soli - Feb. 12th & 26th
- PJ Day - Feb. 15th
- Family Day - Daycare Closed - Feb. 18th

Happy Birthday to:

- Jack on Feb. 8th
- Ethan on Feb. 9th
- Charles on Feb. 21st



DONATIONS:

If you have any extra indoor plants (not too big!) and empty juice boxes, cereal boxes, etc, please consider donating them to the toddler room.

Reminders and News!

- ▶ When cold, icy and very wet in the playground, we will be using the gym!
- ▶ Please leave wet footwear at the door before entering the playroom.
- ▶ Please no hair clips as our toddlers put them in their mouths. Use elastic bands if needed. It's a safety issue.
- ▶ Please bring family pictures and pictures of pets! We love to post them around the room.
- ▶ Please update your child's emergency & immunization forms, if you have changed your phone numbers.
- ▶ If you have time, please come in to read a story, sing a song, etc.

Activities and Resources:

Salt Dough: This month we made salt dough!

Ingredients: 2 cups salt, 1 cup water, 1 cup flour, paint or food colouring, air tight container.

Mix Ingredients to smooth consistency and have fun playing! Our toddlers loved it and we played with it over and over again, adding more drops to the play dough!

Healthy Recipe - Real Food for Real Kids:

Banana Oatmeal Mookie - Makes 24 servings

INGREDIENTS:

- 1 $\frac{3}{4}$ cup whole wheat flour
- 2 cup oats
- 2 large ripe bananas, mashed
- $\frac{3}{4}$ cup butter
- 1 large egg
- $\frac{1}{2}$ cup brown sugar
- $1\frac{1}{2}$ tsp baking soda
- $\frac{1}{4}$ tsp ground nutmeg
- $\frac{1}{4}$ tsp ground cinnamon
- $\frac{1}{4}$ tsp sea salt



PREPARATION:

- 1 Preheat oven to 300 F.
- 2 Mix all dry ingredients together in a bowl.
- 3 Then mix dry & wet ingredients until smooth.
- 4 Place 2" balls of batter onto a lined baking sheet.
- 5 Pop them into the oven for about 15 minutes or until golden.

REAL FOOD TIPS:

- Get creative and try adding walnuts, chocolate chips or cranberries

For our Newsletter and Real Food For Real Kids Menu, please visit: