

Matthew John Daycare – 135 First Avenue, Toronto, ON M4M 1W9

Junior & Senior Preschool Room Newsletter

March 2020



Important Dates!

- March 2 – Yoga
- March 2 – Mingler Tickets on sale
- March 17 – St. Patrick's Day
- March 19 – Rob Joy
- March 19 – Happy first day of spring!
- March 21 – Nowruz, the Persian New Year
- March 24 – Happy Birthday to Rosie, James G. and Charlie G.!!!
- March 27 – Rob Joy
- March 31 – Nature Experience

Reminders:

- ◆ Please bring in a green vegetable or fruit the week of March 16th.
- ◆ Kindly wear something green on March 17th for St. Patrick's Day.
- ◆ Planting donations for the month of March are very much welcome – if you could kindly donate any seeds, small pot of flowers, sand, garden tools, plastic pots, etc., we would so greatly appreciate it. Thank you!



Support our Fundraising Efforts Through Mabel's Labels!

Mabel's Labels are great for any of your child's items at school/daycare (clothes, shoes, lunchbox, hats, etc.) and a portion goes back to support Matthew John Daycare. To order your child's labels, please [click here](#) and type in Matthew John Daycare (Toronto) and start shopping!

Banana Oatmeal Mookie

Recipe: [Real Food For Real Kids](#)

Yield: Makes 24 servings



Ingredients:

- 1 $\frac{3}{4}$ cups whole wheat flour
- 2 cups oats
- 2 large ripe bananas, mashed
- $\frac{3}{4}$ cup butter, melted
- 1 large egg
- $\frac{1}{2}$ cup brown sugar
- 1 $\frac{1}{2}$ tsp baking soda
- $\frac{1}{4}$ tsp ground nutmeg
- $\frac{1}{4}$ tsp ground cinnamon
- $\frac{1}{4}$ tsp sea salt

Preparation:

1. Preheat oven to 300 F.
2. Mix all dry ingredients together in a bowl.
3. Then mix dry & wet ingredients until smooth.
4. Place 2" balls of batter onto a lined baking sheet.
5. Pop them into the oven for about 15 minutes or until golden.
6. Pack them for a car ride or to share at your next play date – achieve superhero status!